



Greetings from the new REST- KY team!

From the entire team at REST-KY, we hope you enjoyed a peaceful holiday season and wish you an abundance of health and happiness in the new year.

We are pleased to inform you of our highly anticipated return. We are thrilled to announce that we are resuming study activities and will be contacting you via email in the coming weeks regarding your participation

Our Team

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FAQ's About the Pause

Why was a pause necessary?

We paused recruitment and study activities to facilitate staffing and leadership changes within the study.

What does the pause mean for participants?

Some participants have experienced a delay in their data collection wave schedule. We apologize for any inconvenience. Other than that, the only change is some new, friendly faces associated with REST-KY! [Click Here](#) to learn more about our study team.

Did the consent form change? Do I need to sign a new one?

No, the only changes made to the consent form were the change in study PI at UK, Dr. Daniela Moga, and her contact information. The form you signed when you first agreed to participate is still valid, so there is no need to sign another one.

Know someone who would like to participate?

By sharing the study with friends, family members or others in the community, you're actively helping further research in Appalachia. Simply click the link below to get started

Sign Up



Beyond the Script

